

This material was developed by JAMP Pharma, as part of the risk minimization plan for ^{Pf}SIMLANDI. This material is not intended for promotional use.

Simlandi^{TM/MC} (adalimumab)

ADULT • PATIENT REMINDER CARD

If you get any side effects, talk to your doctor, pharmacist or nurse. You can report any side effects you may get to JAMP Pharma Medical Information Services at **1-866-399-9091** or via email: **medinfo@jamppharma.com**

Last updated: July 2021

This card contains selected important safety information that you need to know before and during treatment with SIMLANDI.

- Keep this card with you at all times and for 70 days after your last injection of SIMLANDI.
- Show this card to any doctor or healthcare professional that you see.
- Record information about any tuberculosis test or treatment you have had on the back of this card.

Introduction

SIMLANDI is a medicine that is intended to treat certain diseases that affect a part of the immune system. While SIMLANDI can be effective in treating these diseases, some people can have one or more side effects. It is important to talk to your doctor about the possible benefits and possible side effects of taking SIMLANDI. These can be different for each person.

- The purpose of this card is to tell you about some of the possible side effects of SIMLANDI
- Some of the serious side effects that could occur include infections, cancer, and nervous system problems
- These are not all of the possible side effects of SIMLANDI

Before SIMLANDI Treatment

Tell your doctor about any health problems you have and any medicines you take. This will help you and your doctor decide if SIMLANDI is right for you.

Tell your doctor if you:

- Have an infection or have symptoms of an infection (such as fever, wounds, feeling tired, dental problems)
- Have tuberculosis or have been in close contact with someone with tuberculosis
- Have or have had cancer
- Have any numbness or tingling or have a problem that affects your nervous system, such as multiple sclerosis

Your doctor should check you for signs and symptoms of tuberculosis before starting SIMLANDI. You may need to be treated for tuberculosis before you start SIMLANDI.

Vaccinations

- You may receive vaccinations except for live vaccines.
- If you receive SIMLANDI while you are pregnant, it is important that you inform your baby's doctor before your baby receives any vaccine. Your baby should not receive a 'live vaccine', such as BCG (used to prevent tuberculosis) within 5 months following your last SIMLANDI injection during pregnancy.

During SIMLANDI Treatment

To make sure that SIMLANDI is working properly and safely for you, you should check in with your doctor regularly to discuss how you are doing. Tell your doctor right away about any changes in your condition.

Keep your doctor informed about how SIMLANDI is working for you

- It is important to call your doctor right away about any unusual symptoms you may have. This will help make sure you get the right care. It will also lower the chance of a side effect becoming worse
- Many side effects, including infections, can be managed if you tell your doctor right away

- If you get a side effect, your doctor will decide if you should continue or stop your SIMLANDI treatment. It is important to talk with your doctor to find out what is right for you
- Since side effects can happen after your last dose of SIMLANDI, tell your doctor about any problems that you may have up to 70 days after your last injection of SIMLANDI

Tell your doctor about:

- Any new medical conditions that you have
- New medicines you are taking
- Any surgery or operation that you have planned

Some people taking SIMLANDI may get serious side effects, including:

Infections

SIMLANDI helps people with certain inflammatory diseases. It does this by blocking a part of the immune system. However, this part of the immune system also helps fight infection. This means SIMLANDI can make you more likely to get infections or make any infection that you may have worse. This includes infections such as colds or more serious infections like tuberculosis

Cancer

- If you take SIMLANDI, the risk of getting certain types of cancer may increase

Nervous system problems

- Some people have developed new or worsening nervous system problems with SIMLANDI. This includes multiple sclerosis.

Please read the SIMLANDI Patient Medication Information Leaflet for more information. These are not all of the possible side effects that may occur during treatment with SIMLANDI.

Call your doctor or get medical care right away if you have any of the following symptoms of these possible serious side effects:

Infections

- Fever, chills, unusual sweating, feeling unwell or more tired than normal, feeling or being sick (such as nausea or vomiting), diarrhoea, stomach pain, loss of appetite or weight loss, cough or coughing up blood or mucus, shortness of breath, problems urinating, skin sores, wounds, muscle aches, dental problems.

Cancer

- Night sweats, swelling of the lymph nodes (swollen glands) in the neck, armpits, groin or other areas, weight loss, new skin lesions or change in skin lesions (such as moles or freckles) you already have, severe itchiness that cannot be explained.

Nervous system problems

- Numbness or tingling, vision changes, muscle weakness, unexplained dizziness

Tell your doctor about any unusual symptoms that you may have during treatment with SIMLANDI. These are not all of the possible symptoms of these side effects.

Information for you and healthcare professionals involved in your medical care or treatment

Tuberculosis (TB) Test and Treatment

Mark this box if you have ever been tested for TB:

YES (Check with your doctor if you do not know)

Mark this box if you have ever had any test that was positive for TB:

YES (Check with your doctor if you do not know)

Mark this box if you have ever taken any pills to treat or prevent TB:

YES (Check with your doctor if you do not know)

Please read the SIMLANDI Patient Medication Information Leaflet for more information.

If you have any other questions, talk to your doctor or another healthcare professional.

Your name: _____

Doctor's name
(who prescribed SIMLANDI): _____

Doctor's phone number: _____

Indication: _____

Date of your first SIMLANDI injection: _____

Dose of your SIMLANDI injection: _____

Date of your last SIMLANDI injection: _____

Please fill out information for you and healthcare professionals involved in your medical care or treatment.